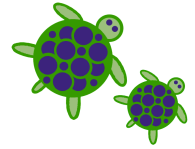


# Hubbard Family Swim School

## What Parents Need to Know about Rec Team!



We have collected FAQs and information that parents have been unsure about in the past.

- Hubbard has two teams – HFSS East and HFSS West. We both compete in the Desert Swim League (DSL) however follow different schedules. We expect nothing less than first-class sportsmanship and representation of the Hubbard program from our parents, coaches and swimmers at all events.
- Our primary focus is teaching proper technique. In our experience, learning the correct techniques in the long run produces better swimmers.
- All meets are outside. Bring chairs, umbrellas, tents or whatever you need (to try) to be comfortable in the heat! Also bring plenty of sunscreen.
- Most of the swim clubs will have a snack bar, however the choices are limited. Some locations allow coolers, some do not. Many parents bring coolers and if needed, leave them in the car.
- We host 2 meets at the Thunderbird Academy – 1 inter-squad (HFSSE and HFSSW) and 1 dual meet. All other meets are away. All meets are run a little differently in regards to timers, ribbon handouts, disqualifications (DQs) and organization. We are subject to how the hosting team runs their meet. Our goal is always to get in and get out as efficiently as possible. Amen! Either way, expect some controlled chaos 😊
- Parent involvement is absolutely essential. With the help of parents, the meets will run smoother and will allow the coaches to coach. We will need help with timing, recording times, handing out ribbons or placement sticks, and possibly officiating.
- We will be communicating primarily via email and through our website. Everything from registration confirmation to maps will either be on our website or be sent via email. Please contact us if needed.
  - [HFSSEast@hubbardswim.com](mailto:HFSSEast@hubbardswim.com)
  - [HFSSWest@hubbardswim.com](mailto:HFSSWest@hubbardswim.com)
  - [www.hubbardswim.com](http://www.hubbardswim.com) and go to “more programs”
- We are limited due to City regulations when teaching starts/dives from the pool deck. Pools must be deeper than 5 feet to teach starts. Our outdoor pool at Thunderbird Academy is 10 feet deep. Our indoor pools are only 4 feet deep. The coaches will do their best to practice starts prior to every meet during warm-ups.
- On the schedule is the “IM Qualifying” event. All swimmers go to this meet however it does not mean all kids swim in the IM Qualifying event. Instead, some might swim the other two events. Coaches will notify the kids who will be selected. Selection will be based on proper execution of all four strokes.
- Each team in the league is only allowed to enter eight (8) kids per stroke, age group and gender in Championships. Therefore, it is at the discretion of the coaches which kids will swim each event.
- ASK QUESTIONS!!!